

# **“The Future of Adult Services”**

## **Adults with Autism and Other Developmental Disabilities Conference**

**May 4th & 5th, 2007**

**Holiday Inn San Jose  
1740 N. 1st St., San Jose, CA**

**Empower yourself and learn  
about the future of adult services**

**Parents, family members, advocates, special educators,  
professionals, and providers should attend this conference**

***Keynote Speaker - Dr. Peter Gerhardt***

***Special Guest Speaker - Rick Rollens***

Dr. Peter Gerhardt is President of the Organization for Autism Research, a nonprofit organization, the mission of which is to fund applied research and disseminate the relevant findings in support of learners with Autism Spectrum Disorders and their families. Dr. Gerhardt has over 25 years experience utilizing the principles of Applied Behavior Analysis in support of adolescents and adults with Autism Spectrum Disorders in educational, employment, and community-based settings.

Workshops will be presented by some of the most respected professionals in the developmental disabilities community. Presentations will identify the most current methods of providing services to adults with autism and other developmental disabilities while focusing on The Future of Adult Services.

Co-sponsors: Organization of Special Needs Families, HOPE Services, Housing Choices Coalition, Parents Helping Parents, Santa Clara County Office of Education, and San Andreas Regional Center.

**To register on line or if you have any questions visit: [www.php.com](http://www.php.com)**

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# Friday, May 4th

**7:30 Registration will take place in the Mediterranean Room - Continental Breakfast**

**9:00 Welcome: *Santi J. Rogers***

**9:15 A legislative perspective from the State Senate - *Senator Elaine Alquist, Dist. 13***

**9:30 Quality of Life...What does it mean and what can we do to ensure it for all our adult children?  
*Presented by Dr. Peter Gerhardt***

**11:00 Autism Epidemic...Are we prepared to deal with the reality of thousands of adolescents and adults suffering with autism? - *Presented by Rick Rollens***

**12:15 Lunch - *Special Presentation by Joey Travolta* - Actors Camp for children and young adults with autism.**

## **1:30 WORKSHOPS**

**1. Transition Service Integration Model** - Integrating public schools, rehabilitation and developmental disability systems to produce a seamless transition for students with severe developmental disabilities. - ***Presented by Dr. Nick Certo***

**2. Community Building - Person, Centered Thinking & Planning** - Many organizations support people to live in the community but they still may not have rich community lives and social lives outside of the developmental disability system. The reason for this will be explored to lay a foundation an alternative approach. - ***Presented by Claudia Bolton***

**3. Putting the “Community” Back in Community Inclusion** - Helping individuals develop and maintain their own personal community connections by capitalizing on common interests, talents, skills, and needs while negotiating the larger community. - ***Presented by Jennifer Sullivan***

**4. Personal Safety Skills, Sexuality & Personal Issues** - Will examine issues of social sexuality, its importance in preparing young people for adulthood, with strategies and teaching tips. Education begins at home with parents and the need for comfort with this topic will be covered for families, teachers, and other support staff. Personal safety education is often neglected, and is critical to the healthy, well being of all individuals. - ***Presented by Holly Wade & Lynne Muccigrosso***

## **3:00 WORKSHOPS**

**1. What’s different about serving the adult population with autism vs. other developmental disabilities?** How do programs need to adapt and change to better serve (communicatively, socially, instructionally, behaviorally) this rapidly growing and uniquely challenging population in community-based pursuits? - ***Presented by Dr. Peter Gerhardt***

**2. Social Recreation** - It is imperative in order to experience quality living. This is particularly true for individuals with developmental disabilities. Social recreation fosters skill acquisition and friendship development, essential components for a positive self-identity. How can we make social recreation an effective reality for individuals with developmental disabilities? ***Presented by Dr. Gonzaga de Gama***

**3. Supporting Self-Determined Futures** - Will look at the drivers and challenges of changing service delivery models. Learn about the experiences of one program that is striving to support self-determined lives within current funding regulations. The challenge of getting the “institution” out of our heads and program designs. - ***Presented by Pam Jenson***

**4. Personal Safety Skills, Sexuality & Personal Issues** - Will examine issues of social sexuality, its importance in preparing young people for adulthood, with strategies and teaching tips. Education begins at home with parents and the need for comfort with this topic will be covered for families, teachers, and other support staff. Personal safety education is often neglected, and is critical to the healthy, well being of all individuals. - ***Presented by Holly Wade & Lynne Muccigrosso***

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# Saturday, May 5th

**8:00** Registration will take place in the Mediterranean Room - Continental Breakfast

**9:00** Welcome: *Santi J. Rogers*

**9:15** A Legislative Perspective from the State Assembly - *Assemblywoman Sally Leiber, District 22*

**9:30** Planning for success in adulthood: Things to know, things to do, questions to ask. *Dr. Peter Gerhardt*

**11:00** The Future of Adult Services for the Developmental Disability Community - *Moderator - Jim Beall, Assemblyman - Panelists: Rick Rollens, David Kears, Nancy Guerrero, and Santi J. Rogers*

**12:15** Lunch - *Special Presentation by Florene Stewart Poyadue*

## **1:30** WORKSHOPS

**1. He Did What!?** - In this workshop we will spend some time looking at challenging behaviors. First we will learn how to do a functional analysis. After that, we will look at different kinds of interventions and strategies and how to make a decision about what to try and how to measure the effectiveness of the intervention. - *Presented by Shelley Davis*

**2. Customized Employment: Careers - not just jobs** - Will focus on techniques for finding quality employment opportunities for job seekers with significant disabilities. Typically, these individuals have been placed in low-paying, dead-end jobs. This session will discuss customized employment and how to find interesting jobs in unusual places. Will look at ways to develop jobs based on a job seeker's skills and interests. - *Presented by Sarah Murphy*

**3. Meeting the Mental Health and Emotional Needs of Your Adult Child** - This workshop will look at what types of emotional needs your adult children might have, and how to address them. Discussion will include types of behavioral difficulties and methods that can be effectively employed to avoid pain and distress in the adult child and in the family. Techniques parents might use, as well as professional services available will be covered in the seminar.  
*Presented by Dr. Soleng Tom, Dr. Susan Detrick, and Anna Fernandez MFT*

**4. The Future of Housing Opportunities for Your Adult Child** - This session will explore the various housing options that are available for people with developmental disabilities and what you can do now to prepare for your ideal living situation. The panel will bring various perspectives to the issue and discuss real life stories of successes and challenges.  
*Panelists: Darcy McCann, Chris McCann, Kathy Ericksen, and Lisa Jackson*

## **3:00** WORKSHOPS

**1. Skills for Living** - Skills that adolescents and adults with disabilities need to learn in order to have as independent a life as possible. How to prioritize these skills and make them both meaningful and effective. - *Presented by Shelley Davis*

**2. Conservatorship** - Discussion of three types of conservatorship available - general, limited, and LPS conservatorships for the gravely disabled. Also: special needs trusts and their role as a management tool to ensure that special needs individuals maintain a high quality of life while still qualifying for social security and medical benefits, and how special needs trusts are increasingly an important and valued part of family estate plans. - *Presented by Rebecca Weisman, J.D.*

**3. Meeting the Dental Care Needs of Your Adult Child** - Will focus on the prevention of dental diseases, and how to apply this information in practical ways to improve oral health outcomes. The presentation will highlight how dental diseases, such as tooth decay and gum disease, are caused by bacteria which have been linked to systemic health conditions. Tools and techniques for prevention will be discussed, as well as a hands-on demonstration. - *Presented by Debby Narcisso*

**4. Learning how to Advocate for Your Adult Child as she/he Transitions out of the School System** - This panel will discuss the changing and additional roles and responsibilities of parents as their child moves from the relative shelter of the IEP system out into the big world of programs and services for their adult child. What to prepare for, and how you and all the various agencies/services providers can work together to best serve your child's needs.  
*Panelists: Trudy Marsh Holmes, Janie Whiteford, Nancy Guerrero, and Mimi Kinderlehrer*

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## GUEST SPEAKERS

**Dr. Peter Gerhardt - Keynote Speaker** - Dr. Gerhardt has been an active member of Maryland ABA since relocating to Maryland (from New Jersey) 6 years ago. Previously, he had served on the Board of Directors of New York State ABA and was a founding director of Connecticut ABA. Dr. Gerhardt was recently awarded the John W. Jacobson Award for Significant Contributions to Effective Behavior Intervention by New York State ABA.

**Senator Elaine Alquist** - A policy maker for over 20 years, Senator Elquist is in her first Senate term representing the 13th Senate District of Santa Clara County. Chair of The California State Senate Human Services Committee.

**Assemblywoman Sally Leiber** - Speaker pro Tempore. First elected to the State Assembly in 2002, she became the Assembly's Assistant Speaker pro Tempore and the only woman to serve as an officer of the Assembly in her first term.

**Assemblyman Jim Beall** - Was elected in November, 2006, to represent the 24th Assembly District. Chair of The California State Assembly Human Services Committee. Committee Member of: Budget, Higher Education, and Veterans Affairs.

**Rick Rollens** - Legislative Advisor to the Association of Regional Center Agencies which provides services and support to over 200,000 californians with developmental disabilities, and autism. He is the co-founder of the M.I.N.D. Institute. In 1998, he was successful in securing the passage of legislation creating the M.I.N.D. Institute. Rick has been responsible for raising millions of dollars for autism, including ongoing funding, from state and private sources. He is the former Secretary of the California State Senate, a position he held for well over 24 years of distinguished service to the California State Senate.

## PRESENTERS / SPEAKERS

**Anna Fernandez, M.A., LFMT** - Manager of Therapeutic Behavioral Services at HOPE Services Counseling Center.

**Claudia Bolton** - Executive Director of North Star Services, a supported living agency.

**David Kears** - Director of the Alameda Co. Health Care System Agency; CA State Blue Ribbon Commission on Autism.

**Debby Narcisso, RDHAP** - Dental Coordinator for Unified Plan. Assist's consumers with oral health care.

**Florene Stewart Poyadue** - Founder of PHP, R.N., MFCC, Honorary Ph.D. from S.C.U., and Author.

**Gonzaga de Gama, Ph.D.** - Associate Professor/Graduate Coordinator for the Dept. of Rec.& Leisure Studies at S.J.S.U.

**Holly Wade, Ph.D.** - Director of Special Education and Student Services for the Los Gatos Saratoga U.H.S.D.

**Jennifer Sullivan** - Executive Director of The Morgan Center for Autism Spectrum Disorders.

**Joey Travolta** - Actors Camp, a newly developed Filmmaker Camp for children and young adults with autism.

**Lynne Muccigrosso** - Sexuality educator, consultant, author and advocate for sexuality education for D.D. population.

**Nancy Guerrero** - Special Ed. Principal, Coordinator of the CONNECT Program and Transition Services.

**Nick J. Certo, Ph.D.** - Professor and Chair of the Department of Special Education at San Francisco State University.

**Pam Jenson** - Executive Director of Ukiah Valley Association for Habilitation, a small non-profit in northern CA.

**Rebecca Weisman, J.D.** - Experienced in Special Needs Trusts, Conservatorship, Estate Planning, and Elder Abuse.

**Santi J. Rogers** - Executive Director of San Andreas Regional Center. Over 30 years serving the D.D. population.

**Sarah Murphy** - Director of WorkLink, TransCen, Inc.'s San Francisco-based employment services.

**Shelley Davis, M.A., J.D.** - Has been involved with individuals with autistic spectrum disorders for over 25 years.

**Soleng Tom, M.D.** - Medical Director and Psychiatrist at HOPE Services Counseling Center.

**Susan Detrick, Ph.D.** - Director of Mental Health Services for HOPE Services Counseling Center.

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# REGISTRATION FORM

Name: \_\_\_\_\_ Phone # \_\_\_\_\_

I am: A Parent \_\_\_ Family Member \_\_\_ Consumer \_\_\_ Teacher \_\_\_ Service Provider \_\_\_ Other \_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Email Address: 

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This conference is expected to fill up fast so register early to ensure your spot. Deadline to register is April 30th. Registration cost includes materials, continental breakfast, and a box lunch for both days.

Registration cost for both days is - \$125.00. Please Note: There is no one day cost for this conference.

Visa: \_\_\_ Master Card: \_\_\_ Credit Card Number: 

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Amount Paid: \_\_\_ Expiration date of credit card: \_\_\_/\_\_\_/\_\_\_ **OR: Register on line at: [www.php.com](http://www.php.com)**

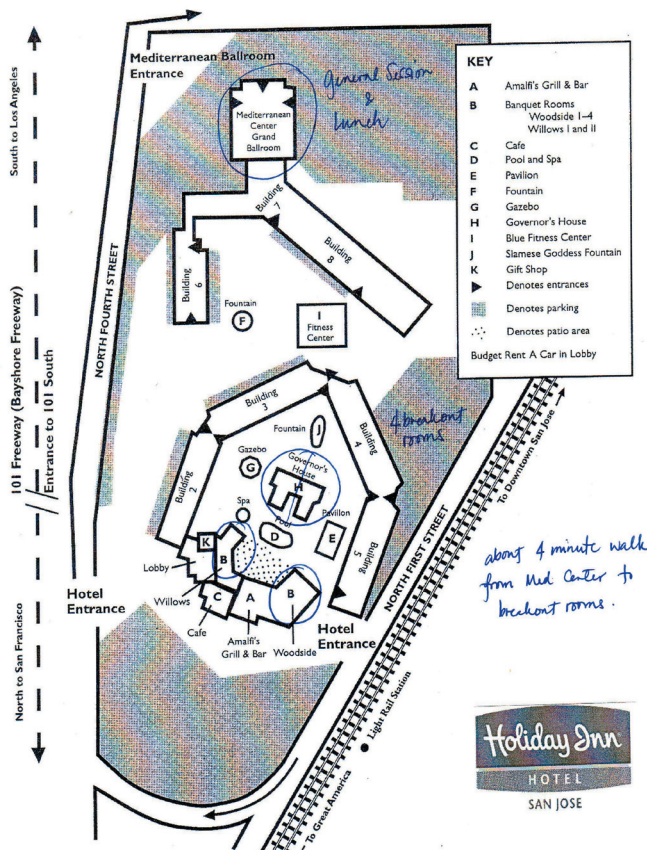
Mail this form and make checks payable to:

Parents Helping Parents (PHP)  
3041 Olcott St.  
Santa Clara, 95054  
(408) 727-5775

**Please pick one workshop for the following days & times:**

Friday the 4th at 1:30	1	2	3	4
Friday the 4th at 3:00	1	2	3	4
Saturday the 5th at 1:30	1	2	3	4
Saturday the 5th at 3:00	1	2	3	4

## Location of Mediterranean Room



## Holiday Inn San Jose

1740 N. 1st St., San Jose, CA  
(408) 793-3300

**Nearest Light Rail Stop at the Holiday Inn is Metro /Airport on the Alum Rock-Santa Teresa Line.**

## Directions to The Holiday Inn

**FROM SAN JOSE AIRPORT:** Exit Skyport Blvd and turn left on North 1<sup>st</sup> Street. The Holiday Inn is at the corner of First and Old Bayshore. On the Right hand side after Metro Street.

**FROM SAN FRANCISCO:** Take 101 South (San Jose) to the Brokaw Road/First Street exit. Go straight through two lights.

**FROM THE CUPERTINO:** Take 280 South (San Jose) to 880 North (Oakland) to the First Street exit. Turn left at the light and go about a mile or so.

**FROM SANTA CRUZ:** Take 17/880 North (San Jose/Oakland) to the First Street exit. Turn left at the light and go about a mile or so.

**FROM MORGAN HILL / GILROY:** Take 101 North (San Jose) to the Brokaw Road/North First Street exit; make three consecutive lefts (Brokaw, North First Street, and Old Bayshore).

**FROM OAKLAND:** Take 880 South (San Jose) to the Brokaw Road exit. Turn right at the light and go straight about a mile or so. Stay on the left hand lane. Turn left on Old Bayshore.